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1 Perfect for the job p5	understanding the whole text; matching sentences to gaps	jobs; personality adjectives	present simple and present continuous; stative verbs	choosing the correct picture; multiple choice with picture options	talking about your life; giving detailed answers; interview	employment vocabulary; life events	countable and uncountable nouns; quantifiers	using informal language; including all the information; writing an email
Live well, study well: being a team player; having confidence in yourself								
2 Delicious! p17	reading for detail; matching people to texts	taste; cooking verbs; choosing the correct option; multiple-choice cloze	past simple; past continuous	identifying the key words; multiple choice with one conversation	describing food; paraphrasing; photo description	tableware, packaging and quantities	<i>used to and would; be used to and get used to</i>	using adjectives; planning and organisation; writing an article
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3 It's natural p29	reading for general understanding; multiple choice with one text	geographical features; climate change	present perfect simple; present perfect continuous	predicting the type of answer needed; gap fill	talking about the environment; listening to instructions; picture discussion	environment verbs; prepositions (1)	articles	including useful expressions; planning your work; writing an email
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4 That's the fashion p41	understanding new words; matching sentences to gaps	clothes and materials	relative clauses	listening for similar words; multiple choice with six conversations	giving reasons for your choice; solving a problem	shopping; phrasal verbs (1)	clauses with time expressions; understanding the whole meaning; open cloze	organising a story; thinking of ideas; writing a story
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5 Where we live p53	identifying the main message; multiple choice with five short texts	housing; household objects (1)	<i>will; be going to</i>	identifying opinion; multiple choice with one conversation	expanding on the topic; general conversation	household objects (2); home expressions	future plans and events; future predictions	responding to news; using appropriate language; writing an email
Live well, study well: dealing with difficult situations; positive problem solving								
6 Go for it! p65	identifying the key points; matching people to texts	sports and sports equipment; finding the wrong options; multiple-choice cloze	zero and first conditional; <i>unless</i>	checking spelling; gap fill	giving opinions; picture discussion	sports clothes; verb + noun collocations; word building	second conditional	giving reasons and examples; organising your essay; writing an opinion essay
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7 Have a great trip! p77	understanding attitudes and opinions; multiple choice with one text	travel	question tags; subject and object questions	matching all parts of the option; multiple choice with six conversations	describing details; photo description	holiday accommodation; travel collocations; adjectives for travel	past perfect simple; past perfect continuous	using narrative tenses; using structure; writing a story
Live well, study well: improving your performance; staying motivated								
8 My own time p89	checking the information; multiple choice with five short texts	free-time activities and verbs of opinion	modals and semi-modals (1)	predicting what you will hear; multiple choice with picture options	listening to the question; elaboration questions	phrasal verbs (2); adjectives	modals and semi-modals (2); expanding your vocabulary; open cloze	linking words and phrases (1); adding details; writing an article
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9 Digital world p101	identifying topics; matching sentences to gaps	computers and technology	the passive (1); passive sentences with modals; <i>by and with</i>	listening again; multiple choice with one conversation	being fair; advantages and disadvantages task	technology verbs; prepositions (2)	the passive (2)	presenting your ideas in order; writing about your opinion; writing an opinion essay
Live well, study well: using social media; keeping it positive								
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11 Life lessons p125	finding distractors; matching people to texts	education	the causative	listening for feelings; multiple choice with six conversations	agreeing on an option; picture discussion	education expressions; prepositions (3)	<i>-ing form; infinitives</i>	linking words and phrases (2); stating facts and opinions; writing a letter
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